



# mismo-rised



**HAYLEY NISSEN DISCOVERS**  
**THE WONDERS OF MISMO.**

**WITH THE** weather as unpredictable as an episode of *Lost*, my skin has borne the brunt of the extreme conditions. Looking in the mirror and examining a small patch of dry skin that has refused to budge, I realised my everyday facial products were not going to do the trick – it was time to call in the professionals.

So I decided to go in and see Martine Beard at Pampered Lady at Golden Beach, Caloundra. Tucked away on Landsborough Parade, the salon relies on word-of-mouth and specialises in body upkeep, including facials.

I was issued a robe and asked to take off any jewellery before lying flat down on the table. I was then tucked in with a warm towel to make sure I didn't get cold during the one-and-a-half-hour gourmet facial. Starved for any kind of treatment like this, I was putty in Martine's hands after that.

She then dimmed the lights and began explaining the different stages of the facial and how they helped the skin, so I knew exactly what to expect. Martine used cleansing mitts with a MiSMo cleanser to wash my face, ridding it of any impurities and makeup. This was then repeated for optimal success.

My face was then bathed in a natural facial exfoliator which uses microbeads to get rid of any dead skin cells, leaving the skin feeling soft. The exfoliant has a slight tingle, which Martine explained was because the products have active ingredients, and not because of any irritation or reaction to the skin.

Because MiSMo uses completely natural products and is free from any harsh chemicals, it is perfect for sensitive skin.

She then applied a layer of rejuvenating gel with matrixyl 3000, which encourages production of collagen and elastin. It revives lost skin tone and returns a plump, hydrated skin complexion. The gel has a wonderful, fresh smell and texture that makes your skin feel more alive than ever.

Martine then applied the first of two skin masks. The purifying, hydrating and plumping mask, unlike many other face masks, doesn't harden and is washed off easily. The second mask was the firming mask. This mask is like a thick blanket enveloping your skin. It is egg-based and has a good lifting and stimulating effect on the complexion. Martine smoothed the paste over my face and décolletage, leaving it in place for 10 minutes, by which time it was extremely firm. She then used warm water to pat my skin, which relieved the pressure, and began to gently massage the mask into and off my face. A moisturiser was applied to seal the goodness in.

I walked out of the salon feeling refreshed and ready to face the world again – and I know my skin is thanking me.

**Pampered Lady**  
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**Martine works her MiSMo magic on a client**