

Just for men

SKIN DEEP

WORDS: Grant Stockwell

MILKING cows and making butter isn't the ideal stepping stone into the world of skin care.

Just ask Brisbane woman Irene McDonald, pictured, who was forced to change occupation following the outbreak of a serious condition. She then created MiSMo Body Care – her own unisex skin care range.

"I had developed rosacea (facial redness and breakouts) after a lifetime of good skin," Mrs McDonald said.

"I learned about a nutritional supplement, which is excellent for skin problems.

"After years of research and trials, MiSMo had taken on a life of its own and we'd developed a wonderful, effective skin care range."

The MiSMo men's range is structured around a simple, three-step procedure, which McDonald says is a hassle free

way to healthy skin.

Start by cleansing the face with a pea-size dollop of the facial cleanser, which is scented with a subtle unisex fragrance of citrus with a hint of honey.

Follow up with splash of the anti-ageing, anti-wrinkle rejuvenating gel and finish off with a small dose of the highly concentrated moisturiser.

For more information on the range, visit www.mismo.com.au or phone 3849 2038.



Less is more for aftershave

LOOKING the part of a dapper dude doesn't cut it any more.

If you think splashing on a handful of aftershave will do the trick you'll be going home alone, according to Brisbane-based Scottish hairdresser Al McDonald.

McDonald consolidates his mens grooming establishment Pureman on Albert St with a website, which boasts regular tips on all things blokey.

The how-to-wear cologne section provides an idiot proof guide on the do's and don'ts of smelling sensational.

■ Don't settle for aftershave. Sure it has some smell to it, but it does not last long, nor is it strong.

■ Hit the right spots. The throat is a major spot to spray some of that cologne – body heat is closest to the surface and most likely to intensify the scent of the cologne.

■ Spray with care, being careful not to exceed three sprays of cologne.

Visit www.pureman.com.au or phone 3012 7990.



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